

Precautions on the day of vaccination

[Precautions before vaccination]

- Please make sure to get enough sleep the day before, eat regular meals (especially the breakfast on the day), and keep yourself in good physical condition.
- If you have a fever (37.5°C or higher) or other health problems, please refrain from vaccination. (If you wish to refrain from vaccination, **please be sure to contact the call center to cancel the vaccination.**)
- On the day of vaccination, please arrive at the venue on your appointment time. If you are late for your appointment, you may not be able to receive your vaccination on the day. **Please be sure to contact the call center without deciding on your own.** Please refrain from arriving more than 10 minutes earlier than your appointment time to prevent the waiting area from becoming crowded.

[What to bring on the day]

○ Pre-vaccination Screening Questionnaire for COVID-19 vaccine

<https://www.mhlw.go.jp/content/000739379.pdf>

* **Please fill in the required information in advance.**

** The following are the translations of the official form in Japanese. Please fill in the Japanese form by referring to the following translations.

(Translations of Pre-vaccination Screening Questionnaire for COVID-19 vaccine)

https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/vaccine_tagengo.html

○ Vaccine Coupon

* If you have not received the Vaccine Coupon from your local government, please download the Record of Covid-19 Vaccination Sheet, fill out the necessary information (name, address, birthday), and bring it with you.

(Record of Covid-19 Vaccination Sheet)*Japanese

<https://www.ynu.ac.jp/hus/somu/26725/000790844.pdf>

○ Identity verification document

* **Please bring an official document that confirms the address where your resident registration is registered.** (e.g., driver's license, Individual Number Card, residence card, health insurance card, etc.)

** If you do not have one of these, please bring your student or faculty/staff ID card.

○ Medical record handbook (if you have one)

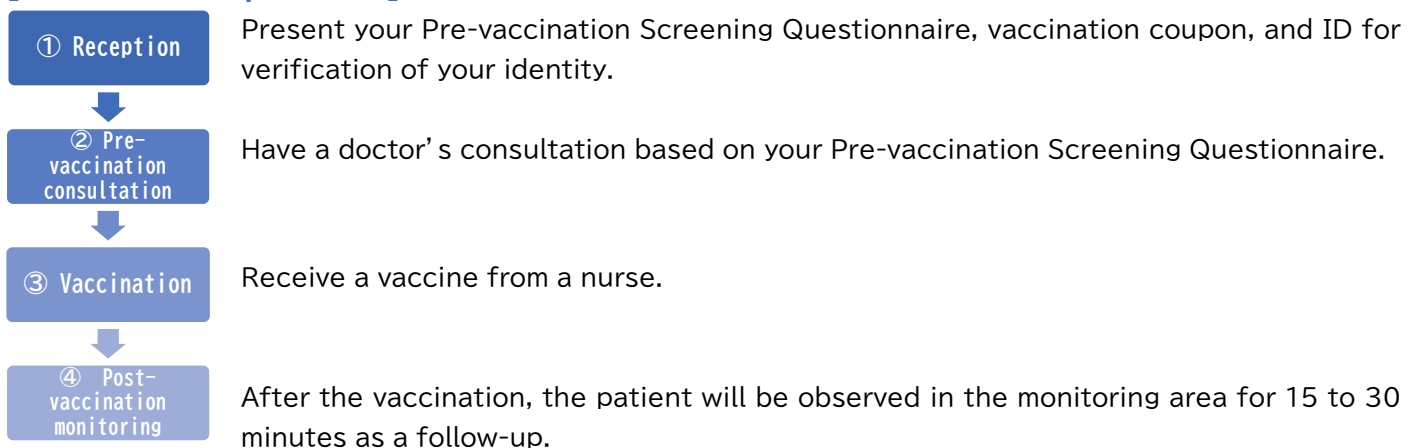
* Bringing this with you will make your Pre-vaccination consultation and vaccination easier.

[What to wear on the day]

• Please come in short-sleeved shirts or other clothing that can be rolled up easily to expose your upper arms. Please make sure to wear a mask. There is no baggage room, so please minimize your hand baggage on the day.



[Vaccination process]



【Precautions after vaccination】

- On the day of vaccination, please refrain from strenuous exercise and avoid rubbing the injected area; bathing on the day of vaccination is not a problem.