

# Precautions on the day of vaccination (Booster Shots)

## [Precautions before vaccination]

- Please make sure to get enough sleep the day before, eat regular meals (especially the breakfast on the day), and keep yourself in good physical condition.
- If you have a fever (37.5°C or higher) or other health problems, please refrain from vaccination. (If you wish to refrain from vaccination, **please be sure to contact the call center to cancel the vaccination.**)
- On the day of vaccination, please arrive at the venue on your appointment time. If you are late for your appointment, you may not be able to receive your vaccination on the day. **Please be sure to contact the call center without deciding on your own.** Please refrain from arriving more than 10 minutes earlier than your appointment time to prevent the waiting area from becoming crowded.

## [What to bring on the day]

### ○”Prevaccination Screening Questionnaire for COVID-19 Vaccine”

**\* Please be sure to fill out the Prevaccination Screening Questionnaire for COVID-19 Vaccine and bring it with you.**

\*\*The following are the translations of the official form in Japanese. Please fill in the Japanese form by referring to the following translations.

(Translations of Pre-vaccination Screening Questionnaire for COVID-19 vaccine)

[https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/vaccine\\_tagengo.html](https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/vaccine_tagengo.html)

### ○”Vaccination Voucher,” ”Certificate of Vaccination”

\* Forms vary by municipality, so if you are unsure, please bring the entire envelope with you.

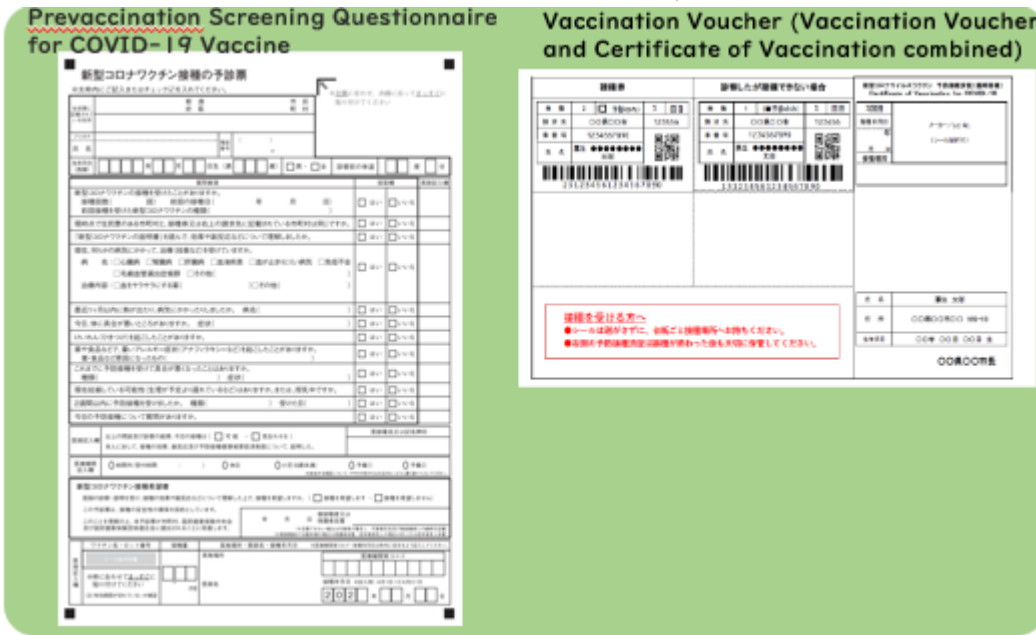
(Pattern 1)

Prevaccination Screening Questionnaire for COVID-19 Vaccine with Vaccination Voucher (with the vaccination voucher number printed in the upper right corner) + Certificate of Vaccination

The image shows two Japanese forms side-by-side. The left form is titled '新型コロナウイルスワクチン接種の予診票' (New Coronavirus Vaccine Pre-vaccination Screening Questionnaire) and includes a section for '接種券番号' (Vaccination Voucher Number) in the top right corner, which is highlighted with a red dashed box and an arrow pointing to it with the text '↑ the vaccination voucher number printed in the upper right corner'. The right form is titled '新型コロナウイルスワクチン 接種接種済証(臨時接種)' (New Coronavirus Vaccine Certificate of Vaccination for COVID-19) and contains a table for recording vaccination details.

(Pattern 2)

Prevaccination Screening Questionnaire for COVID-19 Vaccine + Vaccination Voucher (Vaccination Voucher and Certificate of Vaccination combined)



○Identity verification document

- \* Please bring an official document that confirms the address where your resident registration is registered. (e.g., driver’s license, Individual Number Card, residence card, health insurance card, etc.)
- \*\* If you do not have one of these, please bring your student or faculty/staff ID card.

○Medical record handbook (if you have one)

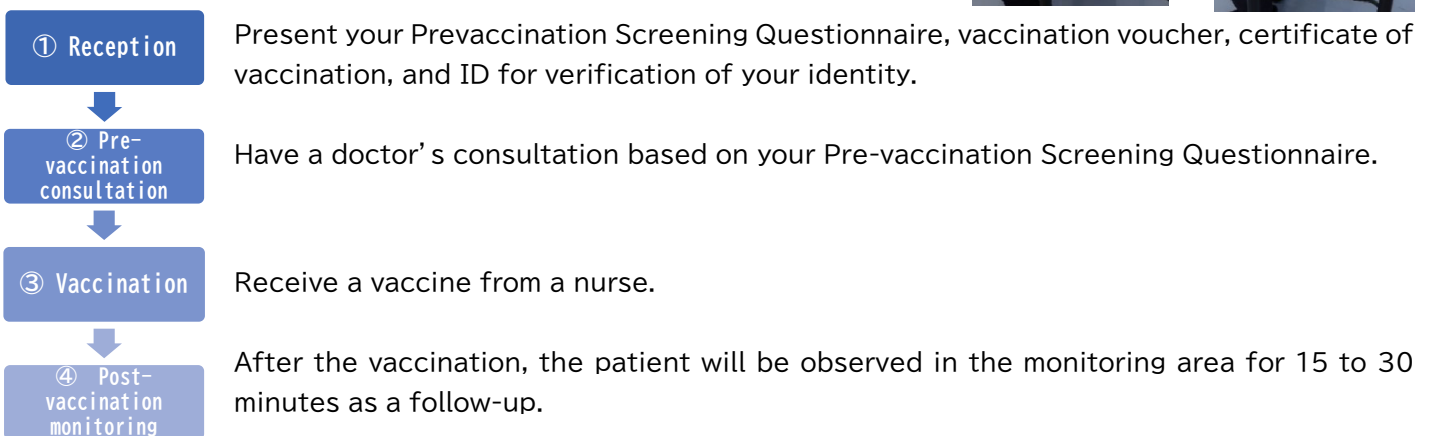
- \* Bringing this with you will make your Pre-vaccination consultation and vaccination easier.

**【What to wear on the day】**

•Please come in short-sleeved shirts or other clothing that can be rolled up easily to expose your upper arms. Please make sure to wear a mask. There is no baggage room, so please minimize your hand baggage on the day.



**【Vaccination process】**



**【Precautions after vaccination】**

•On the day of vaccination, please refrain from strenuous exercise and avoid rubbing the injected area; bathing on the day of vaccination is not a problem.